



## COVID 19 Health Guidelines for Briarwood Soccer Club U6-U11:

### Health Screening:

All players, coaches, spectators, and adult volunteers MUST self-screen before entering field per directions from the CDC Youth Sports Guidelines ([cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)). They will answer the 5 COVID-19 questions and take their own temperature before coming to the field. Anyone answering yes to any of the 5 questions and anyone having a temperature greater than 100 will not be allowed to participate. Here are the 5 COVID 19 screening questions:

1. Have you or the child been in close contact with a confirmed case of COVID-19?
2. Are you or the child experiencing a cough, shortness of breath or sore throat?
3. Have you or the child had a fever in the last 48 hours?
4. Have you or the child experienced new loss of taste or smell?
5. Have you or the child experienced vomiting or diarrhea in the last 24 hours?

### Social Distancing:

All Coaches, players, and spectators will maintain 6 feet distance at all times. Upon entering the field, all players will maintain a 6-foot distance from each other, place bags, water bottle, and belongings on predetermined sideline spots that are 6 feet apart. Spectators will have space for each family unit with 6 feet distance between the next group to watch the game. Each family will have a 6-foot box marked out to sit or stand in to view the game. Each box will be 6 feet apart from other boxes so we can keep spectators socially distanced during games. We will not have a team bench. To reduce the close contact between players when they are not in the game, each player will sit and rest with their family unit when they are not playing. If no family members are present, they will sit and rest socially distanced in the team area. We will have signage reminding spectators of guidelines.

### Face Coverings:

We will continue to follow state and local health guidelines in place at the time of intramural play. Currently this means:

- All Briarwood *coaches* and spectators will wear face coverings at all times during practices and games.
- All Briarwood *players* age 6 and older will wear face coverings from car to sideline and then remove them for play.

Players may remove masks while playing on the field. As players come off the field, they will put face masks on and go to their families or to their socially distanced team area with spots marked 6 feet apart for water breaks and coach talks. Once play is over, players will wear face coverings from sidelines back to their cars.

### Sanitization:

All equipment will be sanitized before and after games: cones, goals, soccer balls will be sprayed with sanitizer or wiped with wipes. During games, the soccer balls used for the game will be sanitized regularly. One coach or adult volunteer from each of our teams will be at each



field with sanitizing wipes to sanitize equipment regularly. Every coach and player will use hand sanitizer upon entering field and upon leaving the field. We will have a table at each field with hand sanitizer available.

#### Restrooms:

The restroom trailer will be closed on practice days. We will have a portable bathroom available for emergency use and will dissuade any players, coaches, referees, or spectators from using it unless it is absolutely necessary. Each time the portable is used, an approved tent volunteer will use sanitization spray to disinfect the unit. It is a 1-person unit that is all hard plastic so it can easily be sprayed down with the same sanitizer we use on the equipment. On game days (Saturdays) we will have the restroom trailer open and have a hired worker on sanitation duty while games are going on. The trailer is a single user unit (one male and one female at a time) so only 1 person will be in a restroom at a time. The trailer will be sanitized after each use. The portable bathroom will be closed on game day so only the bathroom trailer will be used on Saturdays.

#### If player or coach is exposed to COVID 19:

If a player or coach is exposed to COVID 19 (in close contact with a person who tested positive) then that player or coach must quarantine for 14 days and we recommend getting appropriate medical attention. If team was exposed to that person in close contact, then the entire team would be quarantined for 14 days per CDC recommendations.

#### Fields:

1. Briarwood 119 Field 1, 6196 Cahaba Valley Rd, 35242, games and practices, Ryan Leib supervising
2. Briarwood 119 Field 2, 6196 Cahaba Valley Rd, 35242, games and practices, Ryan Leib supervising
3. Oak Mountain Presbyterian Field, 5080 Cahaba Valley Trace, 35242, practices, Shawn Marlow supervising

#### When:

**U6:** players will be on Fridays only at the 119 fields from 4:45-6pm from Sept 18-Oct 23. We will move it to Engel field on BCS home football nights. Each team of 6 players will have their own 60x60 foot area of the field for practice and a game, 60 players maximum. They will practice for 30 minutes, then play a game for 45 minutes. All guidelines above will be in place, but this age will not wear a mask because they are too young according to Alabama Safer At Home Order.

**U8:** players will have practice on Wednesdays at the 119 fields from 4:45-6pm and each team of 10 will have a 90 foot by 120-foot area for practice, maximum of 80 players. They will have 5 Saturday intramural games October 3, 10, 17, 24, and 31 scheduled every 75 minutes from 8:30-4pm at the 119 fields. Games at this age only last 50 minutes so that will minimize interaction of teams coming to the field and leaving the field. All guidelines above will be in place for games and practices.



**U10:** players will have practice Mondays at OMPC field. All U10 players will be split into teams of 10, 80 players maximum allowed for the league because of field space restrictions. The first group of 5 teams, 50 players, will practice from 4:30-6pm and the second group of 3 teams, 30 players from 6:15-7:45pm. Each team of 10 players will have a space 70 feet by 70 feet to keep players physically distanced. They will have 6 Saturday intramural games September 26, October 3, 10, 17, 24, 31 scheduled every 75 minutes from 8am-2:15pm at the 119 fields. All guidelines above will be in place for games and practices.

References:

1)Center for Disease Control – Considerations for Youth Sports:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

2)Alabama Safer at Home Order (page 6):

<https://governor.alabama.gov/assets/2020/06/2020-06-30-Safer-at-Home-Order.pdf>

3)Alabama Public Health Guidelines for Youth Sports

Activities: <https://www.alabamapublichealth.gov/covid19/assets/cov-sah-athletic-activities.pdf>

4) Alabama Soccer Association Return to Play Guidelines:

<https://www.alsoccer.org/return-to-play-guidelines/>